

BARNSTABLE RECREATION/HYCC

SPRING PROGRAM BROCHURE

2024

141 Bassett Lane, Hyannis, MA 02601
508-790-6345 <https://townofbarnstable.us>

RESIDENT REGISTRATION BEGINS: **Wednesday, March 6, 2024**

NON-RESIDENT REGISTRATION BEGINS: **Wednesday, March 13, 2024**



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IN CASE OF AN "OOPS"

Complete details of program policies, procedures and guidelines are omitted from the program brochure because of space limitations. Errors in days, times, registration requirements and fees may occur as well. We apologize for any errors that may occur in this brochure. Thank you for your patience and understanding when these situations occur.

PROGRAM LOCATIONS

Bay Lane	625 Bay Lane, Centerville (across from the elementary school)
BHS	Barnstable High School, 744 West Main Street, Hyannis
BIS	Barnstable Intermediate School, 895 Falmouth Road, Hyannis
BUES	Barnstable United Elementary School, 730 Osterville-W. Barnstable Road, Marstons Mills
CCCC	2240 Iyannough Road, West Barnstable, MA 02668
Cotuit CTR	4404 Falmouth Road, Cotuit, MA 02635
CRB	524 Main Street, Centerville
Forte Fit.	865 Attucks Lane, Hyannis, MA 02601
HYCC	Hyannis Youth & Community Center, 141 Bassett Lane, Hyannis
HY WEST	549 West Main Street, Hyannis, MA 02601
Lombard	Lombard Field, 2367 Meetinghouse Way, West Barnstable
Lorusso	165 Bearses Way, Hyannis
McBarron	940 Old Falmouth Road, Marstons Mills
Ost. Bay	99 West Bay Road, Osterville
WBCA	135 Crooked Cartway, Marstons Mills, MA 02648
WV Courts	760 Osterville-W. Barnstable Road, Marstons Mills
YMCA	2245 Iyannough Road, West Barnstable, MA 02668

WEATHER CANCELLATIONS

Cancellations due to weather will be decided by the program coordinator as soon as possible. Phone calls will be made to schools and we will make every effort to post program cancellations and closings on our Facebook/Instagram pages and through emails we have on file. Call 508-790-6345 for updated cancellation information.

CANCELLATIONS/CHANGES

We reserve the right to change class dates or times. We may also cancel classes due to low enrollment or other reasons beyond our control.

SOCIAL MEDIA

Facebook: @BarnstableRec

Instagram: Barnstable_Recreation



If English is your second language, you can translate this brochure here: <https://translate.google.com/?tr=f&hl=en>

ANNUAL MEMBERSHIPS

\$20 Residents / \$40 Non-Residents

Ask about discounted Family Memberships!



- **FREE Membership for all Barnstable students**
- **Walking Track**
- **Public Open Gym**
- **Game Room**



- **Online** registration is available beginning at 8:45 AM on the first day of registration (Residents - Wednesday, March 6, 2024/ Non-Residents - Wednesday, March 13, 2024) and ongoing until program are full. You may log onto our online registration feature at www.townofbarnstable.us/recreation and click on the "On-line Registration" button. You will need a user name and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours (M-F, 8:30AM-4:30PM) if you need assistance with the online registration software. We HIGHLY recommend that you sign into the on-line system a few days before registration to make sure your account is working properly. **Please be advised that our software system WILL NOT allow parents/ guardians to UPDATE the birth date, age, or grade of their child(ren). Please verify that this information is correct. If it needs to be changed, please contact the Recreation Division at 508-790-6345, or recweb@town.barnstable.ma.us** Unfortunately, if you do not randomly review your household account for accuracy, your child(ren) may be locked out of a program because of age/grade restrictions.
- **Walk-in** registration hours are Monday through Friday, 8:45AM to 4:00PM, at 141 Bassett Lane, Hyannis, MA 02601. If you choose to visit our facility to enroll in a program, you may download a registration form at www.townofbarnstable.us/recreation. For your convenience, printed forms are also available at 141 Bassett Lane, Hyannis, MA.

Payment in full must be received prior to the start of the program (MasterCard, Visa, Money Order, or Check payable to the Town of Barnstable).



RULES AND REGULATIONS

- Participants and Parents must follow Recreation/HYCC Discipline Procedures and Parent Code of Conduct when participating in a program or at the HYCC. These documents can be found on our website.
- Town of Barnstable is not responsible for any lost or stolen property at any of our programs.
- Barnstable Recreation follows regulations stating that participants are not allowed to wear jewelry while participating in sport activities.
- All times, dates, and programs are subject to change. Contact the Program Coordinator in charge of your program for any updated schedules or changes.
- Resident registration will begin Wednesday, March 6, 2024.
- Non-Resident registration will begin on Wednesday, March 13, 2024.
- Pre-Registrations, early sign ups, emails, mail ins and faxes are not accepted.
- Non-Resident fees are doubled unless otherwise specified.
- Registration is conducted on a first-come, first-served basis and age/grade guidelines are strictly observed. You may only register one household at a time.
- Proof of residency: Tax bill, vehicle registration and/or personal check. PO BOXES ARE NOT ACCEPTED AS PROOF OF RESIDENCY.
- Financial Aid is available for all qualifying applicants. To apply, complete and submit a Financial Aid form with your Tax Returns and ANY OTHER DOCUMENTATION EVIDENCING ASSISTANCE YOU ARE CURRENTLY RECEIVING such as Sec. 8, Disability, child support, etc.
- Financial Aid applicants must pay 50% of the program costs at the time of registration.
- Prior to the start of the program, refunds will be given minus a \$10 Administration fee.
- REFUNDS ARE NOT ISSUED ON OR AFTER THE START OF THE PROGRAM. NO SWITCHING OF CLASSES WILL BE ALLOWED AFTER YOUR FIRST SCHEDULED CLASS OF THE SEASON.
- Participants who are absent from a class will not be allowed to make up the class.

CONTACTS

For details on any program, you can reach a staff member by calling 508-790-6345 during business hours (Mon-Fri 8:30 AM -4:30 PM) or email anytime using the following format:

firstname.lastname@town.barnstable.ma.us

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John Gleason, Recreation Director.....	128
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BARNSTABLE POLICE OFFICER BRIAN MORRISON

Officer Morrison provides all of the staff and guests at the Hyannis Youth & Community Center with dedicated service! He has an office inside the HYCC and offers fun and educational programs and events like the annual Bike Safety Rodeo in the parking lot, assistance with crucial holiday time support through Stuff a Bus and Toys for Tots. Plus he's just an all around great guy! Thank you Officer Morrison!



BARNSTABLE SKATE PARK

9:00 AM—8:00 PM (or Dusk)

Opening April 16th!

The Skate Park will be unsupervised by Recreation staff. Users of the facility must follow the rules. In the event of rain or wet ramps, we will not open and/or will close early. Admission to the park is free!

AFTER SCHOOL PROGRAMS

LITTLE MONSTER TEE BALL: AGES 5&6 BAY LANE/LORUSSO \$100
Wednesdays & Saturdays **April 24-June 15** **5:30 PM/9:00 AM**
 Learn the basics of the game in an easy-going and fun environment. Team practices will be on Wednesdays at 5:30 at Bay Lane in Centerville. Games will be played on Saturday mornings at the Lorusso Fields next to the HYCC starting at 9:00 AM. Participants need their own baseball glove, and batting gloves are strongly encouraged for this program. This program welcomes both boys and girls. **Contact: Jack Kapanke**

SOFTBALL LOMBARD /OST. BAY/HY WEST \$100 (MAJORS/MINORS) / \$80 INTRO
Majors (Gr. 6-8): Tuesdays, Thursdays, & Saturdays **April 2-June 20**
Lombard Field: 5:30-7:00 PM
Minors (Gr. 3-5): Mondays, Wednesdays, & Fridays **April 1-June 21**
Osterville Bay: 5:30-7:00 PM
Intro (Gr. 1-2): Wednesdays & Fridays **April 3-June 9**
Hyannis West: 5:30-6:30 PM
Evaluation Day (Minor & Majors): March 23 (Time/Location: TBD)

The Major and Minor programs will compete in the Cape Cod Canal Softball League. The Intro program will be an in-house skills development program. The emphasis in all leagues is to teach each player the fundamentals of softball while encouraging teamwork, sportsmanship, and having fun! Players will rotate through skill stations that will develop their skills in: hitting, fielding, throwing, catching, base running, and teamwork. The Majors and Minors program will have an evaluation day on March 30. Fee includes uniform, USA Softball membership, umpires, and equipment. Participants must bring their own softball glove. **This program relies on parent volunteers; please let us know during registration if interested.**
Contact: Kellie Crawley

FLAG FOOTBALL: GRADES 4&5 BUES \$75
Tuesdays & Thursdays **April 23-June 6** **Dismissal-4:30 PM**
 Play flag football in this fun and competitive program. We will start with a brief training camp to practice and develop football skills before making teams and playing games. The season will conclude with playoffs and a championship. This program welcomes boys and girls of all skills levels.
Contact: Jack Kapanke

OUTDOOR ADVENTURES : GRADES 4+5 BUES \$85/ SESSION
Session 1: Tuesdays **March 12- April 9** **Dismissal-5:00 PM**
Session 2: Tuesdays **April 30-May 28** **Dismissal-5:00 PM**
 Hike and explore different sanctuaries and conservation areas each week with Ms. Andrea Higgins (teacher and naturalist). Bring water and a snack and dress for the weather. Andrea will meet all Adventurers in the front lobby of the school and transport them to their adventure. Parents pick up at the front of the Hyannis Youth and Community Center at 5:00 PM.
Contact: Michelle Davies

SURVIVAL DAY: GRADES 4+5 HYCC \$30
Friday **March 29** **8:00 AM-4:30 PM**
 Join us on your day off from school for this new all-day event based on the hit television show Survivor! Tribes will be formed for team challenges to begin the day before merging into one tribe for solo competitions. Each challenge you win will earn you a Survivor themed token. At the end of the day the top three winners will be voted on by the rest of the group to earn final tokens, and throughout the day there will be secret opportunities to earn additional tokens. Bring your wits, strength, and competitive nature so that you can win the most challenges, make alliances, and be the sole survivor! **Contact: Jack Kapanke**

S.O.A.R.: GRADES 6/7

Monday–FridayHYCC
March 25–June 12FREE
Dismissal-5:30 PM**No Program 4/3 & 5/24**

This structured after school program will offer a variety of recreational activities for children. Gym activities, game room tournaments, homework assistance, and special events. Transportation from BIS and an after school snack are included. No Program on half days or school holidays. **Contacts: Steve Headley & Jackie Keaney**

KIDS BOXING: GRADES 3-8

Mondays**Wednesdays****Saturday (all classes)****No Program: 5/27 & 5/29**

FORTE FITNESS

April 22–June 3**April 24–June 5****June 8**

\$125

4:30-5:30 PM**4:30-5:30 PM****11:00 AM**

These classes will teach proper boxing technique, include agility and strength training, emphasize the importance of mental focus and self-discipline, and provide a safe and fun environment. This supportive group is led by dedicated coaches. Your child will build as much confidence and self-esteem as they will strength and technique.

Contact: Jack Kapanke

NINJA FOR KIDS: GRADES 1-8

Tuesdays**Saturday****No Program: 5/28**

FORTE FITNESS

April 23–June 4**June 8**

\$125

4:00-5:00 PM**or 7:00-8:00 PM****12:00 PM**

In our classes, they will learn about obstacle course racing, receive instruction on proper technique, participate in cardiovascular and strength-building activities, and have plenty of time to enjoy our ever-growing array of obstacles. Ninja classes are not only FUN, they aid in building self-esteem, confidence, and a sense of accomplishment. Our structured classes help children improve their self-control and experience the importance of discipline. **Contact: Jack Kapanke**

INTRO TO FENCING: GRADES 4+5

Tuesdays**No Program: 4/16**

BUES GYM

March 19–May 7\$60
Dismissal-4:30 PM

This six -week program is designed to introduce your child to the basic skills and proper techniques of fencing for the first time. Children will be taught by Jim Rose of Cape Cod Fencers Club. Fee includes instructor, use of equipment, and t -shirt. Registration is on a first come, first served basis. We have limited enrollment in this fencing program. The maximum number of participants is 14. **Contact: Jackie Keaney**

HALF DAY OF PLAY

Grades 4-7**Wednesday, March 13****Wednesday, April 3**

HYCC

Upside Down Escape Room**Mini Golf**\$30
Dismissal-4:00 PM

Students will be picked up by Recreation staff in a red van parked in the lot by the entrance of the school. Parent pick-up will be at the HYCC Game Room at 4:00 PM. **(Lunch is provided)**

Contact: Jack Kapanke, Jackie Keaney & Michelle Davies

CLUB 13

Grade 4+5 BUES**Grade 6+7 HYCC****No Program: 4/18**

BUES/HYCC

Thursdays March 7–June 6**Saturdays March 9–June 8**\$113
Dismissal—5:00 PM**1:00-3:00 PM**

Look what you made us do! Taylor Swift has taken the world by storm. Live out your wildest dream and come celebrate Miss American with 10 weeks of Taylor Swift themed activities! **Contact: Jackie Keaney**

MOUNTAIN BIKING

Fridays: Age 9-17

CCCC/WBCA

April 26–May 24

\$130/\$180 BIKE

4:30-6:00 PM

Thanks to our friends at Sea Sports we are offering this exciting program. The first week we will meet at Sea Sports for a brief orientation. After that the program will meet at Cape Cod Community College for two weeks, and then the West Barnstable Conservation Area off Crooked Cartway in Marstons Mills for the final two weeks. **If you need a bike, there is limited availability. Contact: Jack Kapanke**

CREATIVE ARTS: GRADES 4-5

Wednesdays

BUES

April 24-May 22

\$35

Dismissal-4:30 PM

Join Recreation and Cape Cod CAN for "Outside the Lines" a wonderful spring inclusive art class! *Outside the Lines* explores our personalities, nature, and the beautiful surroundings around us through art, music and yoga. Come create multi-media projects, do a little drumming and yoga poses and have fun in this inclusive, supportive environment. Please bring a snack and water bottle. Pick up will be at BUES front lot at 4:30 PM.

Contact: Michelle Davies

USTA TENNIS IN THE PARKS: GRADES 1-8 WV TENNIS COURTS

\$75

Tuesdays

April 23-May 28

Grades 6-8 (Green Ball)

4:00-5:00 PM

Grades 1+2 (Red Ball)

5:00-6:00 PM

Grades 3-5 (Orange Ball)

6:00-7:00 PM

The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach. The program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are developed, participants will play fun matches with other players. We use modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive a new age-appropriate racket.

Contact: Kellie Crawley

STREET HOCKEY: GRADES 1-6

HYCC

\$35

Tuesdays

April 2-May 14

5:00-6:00 PM

Tuesdays

May 21-June 25

5:00-6:00 PM

No Program: 4/16

Play street hockey outside this spring at the HYCC! This program is weather dependent. Please wear sneakers and dress with proper outdoor attire. **Contact: Jackie Keaney**

BABYSITTING: GRADES 6+7

BIS ROOM 110

\$65

Tuesdays

March 19-May 14

Dismissal-4:30 PM

This babysitter's training course, developed by the Red Cross, will give you the safety skills and confidence to be a great babysitter. You'll learn what to expect from parents, plus the skills you need to help you handle any real-life babysitting situation. **YOU MUST ATTEND SEVEN OF THE EIGHT CLASSES TO GET YOUR CERTIFICATE!** Pick up at the front door of the school. **Contact: Michelle Davies**

DODGEBALL: GRADES 4-7

BUES/BIS

\$20

Tuesdays: BIS

March 12-April 9

Dismissal-4:30 PM

Thursdays: BUES

March 14-April 11

Dismissal-4:30 PM

No Program: 3/19 & 3/28

Dodgeball mania! This is a fun four-week dodgeball program. We will play different variations of the game such as medic, trenches, pinball and more. **Contact: Jack Kapanke**

MARCH MADENSS DODGEBALL TOURNAMENT BIS/BUES \$12/TEAM
Friday: BIS **March 22** **Dismissal-5:30 PM**
Thursday: BUES **March 28** **Dismissal-5:30 PM**
 This single elimination bracket style tournament is a chance to make a team with friends and become a dodgeball champion! Come to the tournament dressed in a fun team uniform. Each team must have six players. **ONLY ONE TEAM MEMBER NEEDS TO REGISTER**; after registering, please email the team's name and all team members' names to **jack.kapanke@town.barnstable.ma.us**. **32 teams allowed!**
Contact: Jack Kapanke

TENNIS IN THE PARKS: GRADES 4&5 (ORANGE BALL) BUES GYMNASIUM \$75
Tuesdays **March 12-April 2** **Dismissal - 4:30 PM**
 The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach. All players in their first session will receive a USTA t-shirt. There will be tennis racquets available to borrow.
Contact: Kellie Crawley

MINECRAFT CODING: AGES 7+ ONLINE \$150/SESSION
Wednesdays **April 24-May 29** **4:00-5:00 PM**
Wednesdays **April 24-May 29** **5:00-6:00 PM**
Wednesdays **April 24-May 29** **6:00-7:00 PM**
 Explore, create or survive! Mine deep into the Minecraft world and create the future! In our modding with Minecraft course, you'll challenge the odds, craft your own kinds of weapons and build dream worlds using code. You will do this while also learning fundamental programming concepts, level design and problem solving skills. You will make use of ready made coding blocks to create their mini versions of Minecraft games all throughout the course. **A PC or a MAC is required. A Chromebook will NOT work for this class!** **Contact: Kellie Crawley**

ROBLOX GAME DEVELOPMENT: AGES 7+ ONLINE \$150/SESSION
Wednesdays **April 24-May 29** **4:00-5:00 PM**
Wednesdays **April 24-May 29** **5:00-6:00 PM**
Wednesdays **April 24-May 29** **6:00-7:00 PM**
 Anyone can build a game in Roblox! Roblox studio has all the tools to make your wildest gaming imaginations a reality. You tell us what game you want to make and we'll teach you the fundamentals and coach you through bringing that game to life! Whether you're new to coding or have some experience, you will be challenged and have fun while bringing your game to life. Through drag and drop techniques or pure scripting, you'll be creating extensions to the Roblox game while fostering your creativity and learning real-world computer coding. **A PC or a MAC is required. A Chromebook will NOT work for this class!** **Contact: Kellie Crawley**

MYSTERIES OF MAGIC: GRADES 4&5 BUES \$90
Mondays **March 18-April 29** **Dismissal-4:30 PM**
No Program: 4/15
 Learn to amaze your family and friends with spectacular sleight of hand tricks taught by a real live Magician! You learn awesome Magic plus the presentation, misdirection, and the confidence to stand in front of a group and perform. You will receive a Magic Kit with a range of tricks personally selected by Instructor and Professional Magician Rich Archer.
Contact: Michelle Davies

WEEKEND PROGRAMS

ARCHERY: GRADES 4-7

MCBARRON

\$65

Saturdays

April 6-May 4

8:00-9:00 AM

This five week program will teach your child the proper techniques of archery. The program will consist of one week of safety/shooting technique and four weeks of target shooting. Participants must attend first day of class to complete safety training. Includes access to equipment. **Contacts: Michelle Davies**

GIRLS INTRO LACROSSE: GRADES K-3

BIS

\$50

Saturdays

March 30-May 18

10:00-11:00 AM

No Program 4/27 & 5/11

This program is a great introduction to the fundamentals of lacrosse, emphasizing fun, skill development, and sportsmanship. Groups will be divided each week based on grade, age, and skill level. Participants must bring their own equipment (girl's lacrosse stick, mouth guard, and goggles). **Contact: Kellie Crawley**

TENNIS: GRADES PRE K-2

BHS TENNIS COURTS

\$70

Saturdays

April 6-May 11

8:00-8:45 AM

Grades PreK & K

9:00-9:45 AM

Grades 1 & 2:

The program is geared towards all skill levels and will consist of instruction, hitting, review of skills, and implementing what is learned into game play. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! There will be tennis racquets available to borrow. **Contact: Kellie Crawley**

SOCCER

MCBARRON

\$70

Saturdays

April 27-June 8

K & 1: 1:15 - 2:00 PM

Pre-K: 12:15-1:00 PM

4 & 5: 3:15 - 4:00 PM

Grades 2 & 3: 2:15 - 3:00 PM

Join us on Saturday afternoons to kick it with some friends! The program will start with practices that focus on learning and developing soccer skills before moving into games. **Contact: Jack Kapanke**

CROSS COUNTRY RUNNING: GRADES 1-7

HYANNIS WEST

\$35

Saturdays

March 9-April 6

11:00 AM-12:00 PM

This five-week running program will focus on proper warm-up routines and running form. We will practice building up stamina before forming running teams and having official races. Each session will conclude with a fun all-group running game. **Contact: Jack Kapanke**

VACATION PROGRAM

APRIL VACATION PROGRAM: GRADES 1-5

CRB

\$150/SESSION

Tuesday-Friday April 16-19

8:30AM-4:00PM

Join us for Arts and Crafts, Games, Fieldtrips and much more. Children should bring a lunch and drink each day. Wear clothing that is weather appropriate for outdoor play. All children and staff will be wearing masks inside the Centerville Recreation Building.

Contact: Michelle Davies

INCLUSIVE PROGRAM

ADAPTIVE MULTI-SPORT PROGRAM

HYCC GYM

MEMBERSHIP REQUIRED

Thursdays**September 21-May 9****1:00-1:45 PM**

This Program is open to all Day Habilitation Facilities Please get a membership at the HYCC for your clients to participate. Each Thursday, we will play a different sport. We have played kickball, broom hockey; whiffle ball, pickle ball and much more. This program is free and meets in the Hyannis Youth & Community Center gymnasium. Members are also welcome to use our Game room and Indoor Walking track as well during this time. Schedules of activities can be found on our website under Therapeutic/inclusive Programs or at the HYCC.

Contact: Michelle Davies

INCLUSIVE SATURDAY ART CLASSES

COTUIT CTR

\$33/3 SESSIONS

Saturdays, March 9, 16, 23

Barnstable Recreation and CapeCodCAN are at it again! Cape Cod Collaborative Arts Network (CapeCodCAN) and Recreation provide opportunities for inclusion and active participation in the arts for people with unique talents and all abilities on Cape Cod. Come explore a new form of art each week with projects led by local professional artists. Three week sessions run almost continuously. For information about the program and more available sessions contact: capecodcan@gmail.com also reserve your spot at: artsonthecape.org/cape-cod-

Contact: Michelle Davies

ADULT PROGRAMS

ADULT BEGINNERS QUILTING:

BIS

\$65

Mondays**April 1-May 13****6:00-8:00 PM****No Program: 4/15**

This program is geared towards adults interested in learning to quilt. The program will focus on the basics of quilting using a sewing machine. A small quilt type project initially, followed by projects to be determined once participants skills are assessed. Fee includes basic sewing supplies. We would ask you to bring your own sewing machine in good working order along with the sewing machine manual. However, if you do not own one, machines will be generously loaned. No sewing experience is necessary to participate. **Contact: Kellie Crawley**

All Barnstable Rec pickleball lessons are taught by Straight-Up Pickleball, founded by Laura and Karl Uggerholt. Straight-Up's experienced and caring Coaching Team will offer comprehensive pickleball lessons, allowing players to advance through a consistent curriculum at their own pace. The instructors are excited about the season and look forward to sharing what they know about a sport they love with great people!

Straight-Up[®]
Pickleball

PICKLEBALL CLINIC: BEGINNER (2 SESSIONS)

WV PICKLEBALL COURTS

\$65

Mondays: May 6 & 13 (Rain date: May 20)**4:00-5:30 PM****Thursdays: June 13 & 20 (Rain date: June 27)****4:00-5:30 PM**

Learn to play pickleball in two 90-minute lessons! The course will include learning the rules of the game, player positioning and the various shots (ground strokes, volleys, serves, dinks, etc.) Instruction will include drills to learn shots and game playing to put the skills learned into practice. You will be off and playing upon course completion!

PICKLEBALL CLINIC: BEGINNER (1 SESSION) WV PICKLEBALL COURTS \$60
Thursday: May 16 (Rain date: May 23) 5:00-7:30 PM
Monday: June 10 (Rain date: June 24) 5:45-8:15 PM

Learn to play pickleball in one 2.5-hour lesson! The course will include learning the rules of the game, player positioning and the various shots (ground strokes, volleys, serves, dinks, etc.) Instruction will include drills to learn shots and game playing to put the skills learned into practice. You will be off and playing upon course completion!

PICKLEBALL CLINIC: NOVICE (2 SESSIONS) WV PICKLEBALL COURTS \$65
Thursday: June 13 & 20 (Rain date: June 27) 5:45-7:15 PM

Designed for people who recently learned to play pickleball and are ready to refine their skill sets. The Straight-Up Coaches will focus on topics such as shot selection, skills refinement, positioning, and serve/return consistency. Qualified participants know the rules, how to serve and return, and how to keep score.

COME PLAY WITH COACHES WV PICKLEBALL COURTS \$35
Monday: May 13 (Rain date: May 20) 5:45-6:45 PM
Wednesday: June 12 (Rain date: June 26) 6:45-7:45 PM
Wednesday: June 19 (Rain date: June 26) 6:45-7:45 PM

This fun and engaging one-hour lesson format includes playing games with three students on a court with one of two experienced coach and is appropriate for intermediate and advanced students. Strategy and shot selection are reviewed and discussed to hone in on what transpired and identify alternative options. Students receive specific and actionable feedback. Note: Students will be grouped based on level of experience. This clinic is for people who are comfortable with the basics of pickleball. Newer to the game? Check out our Novice Clinics!

SKILLS CLINIC: TRACKING WITH YOUR PADDLE WV PICKLEBALL COURTS \$40
Monday: May 6 (Rain date: May 20) 5:45-7:15 PM

This lesson will focus on tracking with your paddle to improve shot consistency, increase put-away percentages, and set-up effective positioning. Reduce errors and set your team up for winning points! Appropriate for intermediate and advanced students. Option: follow-up with "Play with the Coaches" May 13th at 5:45 to continue working on implementation. Note: Students will be grouped based on level of experience. This clinic is for people who already know the rules and the basics of pickleball. Students looking to learn the game or who are newer to the game should check out the Beginner and Novice Clinics.

SKILLS CLINIC: THE ALL IMPORTANT 3RD SHOT WV PICKLEBALL COURTS \$40
Wednesday: June 12 (Rain date: June 26) 5:00-6:30 PM

One of the most important decisions of the game! This lesson will focus on the strategy behind dropping or driving the 3rd shot of the game. Students will learn and practice the mechanics of each shot with a focus on proper form and footwork. Appropriate for intermediate and advanced students. Option: follow-up with "Play with the Coaches" June 12th at 6:45 to continue working on implementation.

SKILLS CLINIC: WINNING GAME STRATEGIES-PART 1 WV PICKLEBALL COURTS \$40
Wednesday: June 19 (Rain date: June 26) 5:00-6:30 PM

Part 1 of a 2-part series focusing on tips and techniques key to winning on the court through consistency and mind-set. Students will learn and practice the first half of the "Winning Game Strategies" for 60 minutes and implement through play in the last 30 minutes of the lesson. Your game will benefit from signing up for one or both lessons in the series. Option: follow-up with "Play with the Coaches"

TWO AND A COACH WV PICKLEBALL COURTS \$90/GROUP
Thursday: May 9 (Rain date: May 23) 5:00-6:00 PM
Monday: June 17 (Rain date: June 24) 5:45-6:45 PM
 Are you interested in more personalized coaching with a fellow player? If so, this one-hour coaching session is perfect for you! The lesson will be led by a fun and knowledgeable Straight-Up Coach and will allow full, focused, and personalized instruction for 2 players signing up for a lesson together (one slot). The participants will have the opportunity to focus on strategies and mechanics, leaving the hour with an improvement plan and a sense of accomplishment. *Note: the "Two and a Coach" lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic.*

PRIVATE: ONE TO ONE LESSON WV PICKLEBALL COURTS \$80
Thursday: May 9 (Rain date: May 23) 6:15-7:15 PM
Monday: June 17 (Rain date: June 24) 7:00-8:00 PM
 This one-hour lesson is perfect for the player interested in focusing on a specific skill or strategy to increase his or her consistency on the court. Drop shots, serve consistency, footwork, mindfulness, soft hands, effective return of serve, overheads, lobs, the coach will be there for you! Fun and focused! *Note: Private lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic.*

PICKLEBALL: ROUND ROBINS WV PICKLEBALL COURTS \$10
Wednesday: May 1 (Rain date: May 2) 5:30-7:30 PM
Wednesday: May 29 (Rain date: May 30) 6:00-8:00 PM
 A fun and competitive event, which is organized by skill level. Participants will play six games with varying partners and opponents. The Round Robin will be a great way to get to know people and improve your game!



INDOOR PICKLEBALL PROGRAMS

INDOOR PICKLEBALL: RECREATIONAL PLAY (ADULTS 18+) HYCC \$40/SESSION
Mondays March 18-May 13 9:00-11:00 AM
No Program: 4/15

INDOOR PICKLEBALL: COMPETITIVE PLAY (ADULTS 18+) HYCC \$40/SESSION
Wednesday March 6-May 1 9:00-11:00 AM
No Program: 4/117

Four courts will be set up each day, with balls and extra paddles if needed. Sign up with friends or individually and come out to meet new people and play this fun sport. **Contact: Stephen Headley**

HOW TO OBTAIN A BEACH/WAYS TO WATER PARKING PERMIT

Below are the options by which you can obtain a 2024 Parking Permit. Please be advised that Parking Permits are no longer being issued in person.

Online: Beach stickers may be purchased online by logging into <https://barnstablema.viewpointcloud.com/categories/1089> and following the instructions to purchase your permit(s) (**ctrl + click to access**).

To access a step-by-step guide to online process, please click on link: <https://www.town.barnstable.ma.us/Departments/Recreation/Online%20Guide-Resident%20Parking%20Permits.pdf> (**ctrl + click to access**).

By Mail: Mail-in applications can be downloaded from townofbarnstable.us the link: <https://www.town.barnstable.ma.us/.../Beach-Stickers.asp> (**ctrl + click to access**). Permit applications are available at the Hyannis Youth & Community Center (HYCC) if you are unable to print the application.

Drop Box: Completed forms can be placed in the drop box located outside the front door of the HYCC. Permit applications may be picked up at the HYCC.

If you have questions, please call the Parking Permit hotline at 508-790-6345 X145 and a Recreation Division team member will get back to you as soon as possible.

LIFEGUARD TRYOUTS April 27, May 11, & June 1

YMCA	Swim Test	9:30 AM
HYCC	Interviews/CPR and First Aid Demos	12:30 PM

Call 508-790-6345 x127 to sign up NOW! Applications for hire will be accepted beginning Thursday, February 1. You must complete the test on one of these dates with an 80% or better in each area to be considered for any Lifeguard, Lifeguard/Swim Instructor, Head Lifeguard, Head Swim Instructor or, Sailing Instructor positions. Qualifications required for these positions are Lifeguard Training (including First Aid) for Waterfront, CPR for the Professional Rescuer, Red Cross Certification and Water Safety Instructor Certification (preferred for hire). All Water Safety Staff must be 17 years of age or older (16 with one season as a Lifeguard Aide and approved prior to this season), with the exception of the Lifeguard Aide Position, which requires all the same certifications but you are eligible at age 15. All positions will be filled after the last tryout.
Contact: George Noonan

COME JOIN OUR AQUATICS TEAM!

POSITIONS	RATE OF PAY
Lifeguard/WSI	\$19.00-\$19.50/hour
Lifeguard Aide	\$17.00/hour
Gate Attendant	\$17.00/hour
Beach Aide	\$15.50/hour

SCAN TO APPLY



2024 LEISURE PROGRAM REGISTRATION INFORMATION

The Leisure Program is an all-day summer program for children entering grades 1-8 in the fall of 2024. A great way to play games, be creative and head out for the beach and fieldtrips on a hot summer day! Join us this summer and meet new friends. Monday - Friday: Seven weeks of fun in the sun!

REGISTRATION DATES: Wednesday, April 10 (Residents) & Wednesday, May 1 (Non-Resident)

FEE: \$1,400 (\$5/hr.)

TIME: Registration begins at 8:45AM, On-line or In-Person, Hyannis Youth & Community Center

PROGRAM DATES: July 1- August 16, 2024 **(No Program 7/4)**

PROGRAM TIME: 8:30 AM—4:30 PM

PROGRAM SITES: TBA

PARENT ORIENTATION DATE: June 15, 2024

REGISTRATION PACKETS: Available starting early March

Located in the lobby of the Hyannis Youth & Community Center

Located on our website: www.townofbarnstable.us/recreation

You may also request one by email:

michelle.davies@town.barnstable.ma.us

ON-LINE REGISTRATION

Go to www.townofbarnstable.us/recreation. Click on the "Online Registration" button. You will need a user name and password in order to utilize the online program registration system. If you are new to the system, please create an account on the online registration system. We HIGHLY recommend that you sign into the online system a few days before registration to make sure your account is working properly. After you have registered online, you will need to get a Registration Packet and fill it out in its entirety and return it to us. Locations for packets are listed above. **You have one week after the date of your registration to return all paperwork.**

IN-PERSON REGISTRATION

Starting at 8:45AM- 4:00PM, Monday- Friday at the Hyannis Youth & Community Center. If you are coming In-Person to register, please have a completed Registration packet at the time of your registration. If you do not bring it: **You have one week after the date of your registration to return the remaining paperwork.**

RETURNING YOUR PACKET:

E-MAIL: michelle.davies@town.barnstable.ma.us

FAX: 508-790-6279 **ATT:** Michelle Davies (Also ask your physician to fax over your child's physical and vaccinations)

IN-PERSON: Make sure that packet is secure with a staple or in an envelope and drop it the black Parking Permit DROP BOX at the front of the HYCC.

- Please make sure the entire packet is completed.
- Master Card & Visa are accepted. Please fill out the bottom of your registration form with your information to make this process faster.
- Any household with an outstanding balance to the Town of Barnstable will not be able to register.

Financial Aid and Grant Funding is available for qualified households. Forms are located on our website or at the front desk of the Hyannis Youth & Community Center.

LEISURE PROGRAM APPLICANTS 2024

LEISURE PROGRAM POSITIONS

Leisure Program Assistant Coordinator	\$18.25/hour
Leisure Program Director	\$18.00/hour
Leisure Program Assistant Director	\$17.00/hour
Leisure Program Counselor	\$16.00/hour
Leisure Program One-One/ Special Needs Counselor	\$18.00/hour
Leisure Program Nurse/Program Specialist	\$30.00/hour

RATE OF PAY

POSITION HOURS

Monday- Friday

Staff Hours: 7:30 AM-4:45 PM

Program dates: July 1-August 16, 2024

MUST BE AVAILABLE FOR STAFF ORIENTATION:

June 25-June 28, 8:30 AM-4:00 PM

Coordinators/Directors/Nurse must also be available: Saturday,

June 15, 9:15-11:15 AM for Parent Orientation

Minimum Requirements for Counselors: Must be at least 16 years of age with some experience working with children. Must be First Aid/CPR Certified (or signed up for a Red Cross class to be completed prior to the start of employment). Must pass CORI/SORI check. Employees less than 18 years of age will need to get a work permit from the front office at their school.

Michelle Davies will be accepting applications starting **February 1, 2024**. Please apply on line at: www.townofbarnstable.us/recreation and click on Employment on the top bar of the home page. Interviews will begin sometime in March.

**SCAN ME
TO APPLY**



HYCC DROP-IN PROGRAMS

COMMUNITY YOGA: ADULTS 18+

HYCC GYM

FREE

Tuesdays**Ongoing year-round****8:30-9:30 AM**

Come strengthen your Mind, Body, and Soul all while relieving some of the stress in your life. Classes are taught by our partners at Yoga Neighborhood. Bring your own mat, or use one of ours. No registration required, Drop-In any day. **Contact: Stephen Headley**

CHAIR-SUPPORTED YOGA: ADULTS 18+

HYCC SHEPLEY ROOM

FREE

Wednesdays**Ongoing year-round****10:00-11:00 AM**

Chair supported Yoga is a simple Hatha yoga class focused on stretching, improving balance and building strength. This is an ideal class for anyone who struggles getting up and down off the floor. Classes are taught by our partners at Yoga Neighborhood. No registration required, drop-in any day. **Contact: Stephen Headley**

ADULT & COMMUNITY & DAY HAB GROUP GAME ROOM

MEMBERSHIP OR DAY PASS

Monday–Friday**Ongoing****9:00 AM-2:00 PM****No program: Barnstable Public School days off or half-days)**

Adults (18+), Community Groups and Day Habs feel free to come and relive your younger years! Pool Tables, Ping Pong, and other games or take advantage of the free Wi-Fi. **Contact: Stephen Headley**

PUBLIC GYM: VOLLEYBALL

HYCC

MEMBERSHIP OR DAY PASS

Sundays**Ongoing-November 24**

This is time dedicated to those who want to play and work on their skills with others. Please check our website's event calendar for up to date times, age restrictions, and cancellations. **Contact: Steve Headley**

PUBLIC GYM

HYCC

MEMBERSHIP OR DAY PASS

Monday-Friday**Ongoing**

Please check the website for other weekday dates and times. Open to the public, our Public Gym time is a great way to spend time, relax, energize, and to shoot around or play recreational pick-up basketball. Please check our website's event calendar for up-to-date times and age restrictions. **Contact: Stephen Headley**



INDOOR WALKING TRACK

HYCC

MEMBERSHIP OR DAY PASS

Open Daily**8:00 AM-8:00 PM**

Join today and use our elevated walking track. Three lanes suspended above our gymnasium, come in out of the weather and enjoy a relaxing walk or jog. Please see staff for Memberships, Day Passes, and current time of operations. **Contact: Steve Headley**

DROP-IN RINK PROGRAMS

PUBLIC SKATING HYCC \$8 ADULTS/\$6 STUDENTS/\$3 SENIORS
Please check website or call for days and times. Open to the public, ice skating is a great way to spend time together. Rental skates (\$6) are available in youth and adult sizes. Ask about our frequent skater punch cards! **Days/Times subject to change. Contact: Jackie Keaney**

ROCK NIGHT: GRADES 6/7 HYCC \$6/SKATER \$6/RENTALS
Saturday: February 24 6:30-8:00 PM
Saturday: March 23 6:30-8:00 PM
Friday: April 26 6:30-8:00 PM
Rock Night is a fun and exciting night of skating on the ice at the HYCC. There will be a DJ spinning your favorite tunes and lots of fun activities. If you have not experienced the fun of ice skating with cool lights and rocking sounds, it's time to visit the HYCC. Supervised fun for kids in grades 6 & 7. Bring a friend! We will have contests and prizes each night.
Contact: Jackie Keaney

PICK-UP HOCKEY/STICK PRACTICE HYCC \$12/SKATER
Days/Times subject to change. Please check website or call for times. Take some time to sharpen your skills and play some pick-up hockey. Dedicated times are available for Adults (18+), Families (12 and under with an adult), Seniors (50+) and High School (grades 8-12). Helmets are required and full gear is recommended. Ask about our frequent skater punch cards! **Contact: Jackie Keaney**

WALK-ON FREESTYLE SKATING HYCC \$16/SKATER
Please check web site or call for schedule. Open to certain levels of figure skaters to work on programs, moves in the field or freestyle elements. Private lessons with prior approval of coaching certification by Program Manager. Days/Times subject to change. Max 23 skaters/session.
Contact: Jackie Keaney



HYCC SKATING SCHOOL: CLINIC POLICIES

- Our classes are 45 mins long and run for six weeks **unless otherwise noted.**
- Figure skates with toe picks are strongly recommended for Figure Skating Clinic. This includes the TOT Program. Invest in your own skates. **RENTAL SKATES ARE NOT AVAILABLE!**
- Gloves and hats should be worn. Also, a heavy sweater or short jacket is recommended for better mobility.
- Helmets are required for all participants enrolled that are 6 years old and under. Helmets are also recommended for beginner level participants (Tots, Basic 1 & 2). Helmets with cages are strongly recommended for all hockey participants.
- Discipline is necessary on the ice at all times to ensure each participant gets the most from their lesson and practice session. Children must be able to listen and take direction.
- Parents will NOT be allowed near the lesson areas or on the ice at any time. Parents are asked to stay away from the glass and ice area so they do not attract the attention of the skaters. This will help prevent disruptions to the class.
- Attendance will be taken on the ice by the skating instructor during each class. **If the child misses half of the classes, he/she will not be permitted to test.** There are no exceptions to this rule. **There are no make up classes.**
- **IT IS VERY IMPORTANT THAT YOUR CHILD IS ON TIME FOR THEIR LESSON.**
- The Hyannis Youth & Community Center strongly urges parents to stay during their child's lesson. In case of an emergency, it is beneficial to have the parent/guardian present.
- If your child comes off the ice and is cold, please have him/her remain in the warming house for 5-10 minutes or until warm before sending them back onto the ice.
- It is recommended that the participants practice their skills outside of their lesson. This may be done during public skating sessions. Schedules are available monthly in the rink rental room.
- Any cancellations due to inclement weather will be announced on the local radio stations, on our Facebook page, and our website. **Lessons that are cancelled by the Hyannis Youth & Community Center/HYCC SKATING SCHOOL will not be rescheduled.**
- NO REFUNDS WILL BE ISSUED AFTER THE FIRST SCHEDULED LESSON.
- Instructors reserve the right to move a child to the appropriate level class.
- Children in Kindergarten or 5 years old and first time participants should sign up for Basic 1.

**LTS USA FEES AND MEMBERSHIP
(UNLESS OTHERWISE NOTED):**

LEARN TO SKATE FEES AND USFSA MEMBERSHIP (unless otherwise noted)

\$111 Resident / \$121 Non-Resident without a current USFSA Membership
 \$95 Resident / \$105 Non-Resident with current USFSA Membership
 \$150 for Learn to Skate / Play Hockey
 \$16 USFSA Membership fee if you did not take 2021 Summer Learn to Skate you must pay for this.

Due to program requirements, annual memberships to USFSA are required by every participant and the valid dates are July 1, 2023 to June 30, 2024. USA Hockey and MA Hockey cannot be used for a substitute.

HYCC SKATING

TOTS CLASS

Saturdays

HYCC

March 23-May 11

RESIDENT \$90/NON-RESIDENT \$100

8:00-8:30 AM

No Program: 4/20 & 4/27

This is an introductory class divided into four progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating. These classes are designed to help children six and younger develop the ABCs of movement: agility, balance, coordination and speed. The ABCs are essential for developing fundamental movement skills and physical literacy. All classes will be taught in a safe and positive environment, incorporating fun and games making class time an enjoyable experience for all. This class is only 30 minutes long. All participants must be 3 and 4 years old by the start of the program. This is an unassisted class.

BASIC 1+2

Saturdays

HYCC

March 23-May 11

RESIDENT \$111/NON-RESIDENT \$121

8:30-9:15 AM

Saturdays

March 23-May 11

9:15-10:00 AM

No Program: 4/20 & 4/27

These introductory levels allow new skaters with no prior skating experience to build confidence while learning to skate. This is an unassisted class; parents will not be allowed on the ice. Note the class is 30 minutes with a 15 minute free skate.

BASIC 3-6

Saturdays

HYCC

March 23-May 11

RESIDENT \$90/NON-RESIDENT \$100

10:00-10:45 AM

No Program: 4/20 & 4/27

These levels develop all of the fundamental skating skills on the ice. Focus is on learning the ABCs of basic athleticism: agility, balance, coordination and speed. Upon completion of these levels, skaters will be able to confidently advance to more specialized areas of skating. Participants must pass Basic 1 and 2 to join. This is an unassisted class; parents will not be allowed on the ice. Note the class is 30 minutes with a 15 minute free skate.

LEARN TO SKATE HOCKEY

Saturdays

HYCC

March 23-May 11

RESIDENT \$111/NON-RESIDENT \$121

11:00-11:50 PM

No Program: 4/20 & 4/27

Learn to Skate Hockey is designed to teach the fundamentals of hockey skating. In four badge levels, skaters will learn how to be more proficient and agile on the ice. Proper skating techniques for the game of hockey are the primary focus of the levels. All elements will be taught without a puck. Skaters will learn the basic hockey stance, stride, knee bend, use of edges and other necessary fundamentals to be successful in hockey practices and game situations.

LEARN TO PLAY HOCKEY

Saturdays

HYCC

March 23-May 11

RESIDENT \$111/NON-RESIDENT \$121

12:00-12:50 PM

No Program: 4/20 & 4/27

Learn to Play Hockey is an introduction to the game play of hockey. Participants must have passed Learn to Skate Hockey or provide documentation of completing an equivalent program or demonstrate knowledge of skills required. Full equipment is required for this program.

Contact: Jackie Keaney



**BARNSTABLE
RECREATION**

SPRING SPECIAL EVENTS 2024

JOB FAIR

HYCC

FREE

Wednesday, March 6

2:30-4:30 PM

The Barnstable Youth Commission presents the 8TH Annual Youth Job Fair for ages 14-18 taking place on Wednesday, March 6, 2024 at the Hyannis Youth & Community Center. All are welcome to attend and admission is free! **Contact: George Noonan**

ROCK NIGHT: GRADES 6/7

HYCC

\$6/SKATER \$6/RENTALS

Saturdays: February 24* March 23

6:30-8:00 PM

Friday: April 26

6:30-8:00 PM

Rock Night is a fun and exciting night of skating on the ice at the HYCC. It is back and better than ever! There will be a DJ spinning your favorite tunes and lots of fun activities. If you have not experienced the fun of ice skating with cool lights and rocking sounds, it's time to visit the HYCC. Supervised fun for kids in grades 6 & 7. Bring a friend! We will have contests and prizes each night. **Contact: Jackie Keaney**

BUNNIES EGG-CITING ADVENTURE

SOCIAL MEDIA

FREE

Friday-Saturday, March 29-30

Follow the Easter Bunny on this virtual bunny hop through the Town of Barnstable as he searches for his friend Sidekick Chick. This egg-citing adventure will take place starting on March 29. Families will have until 5pm on Saturday, March 30 to post their answers and the winner will be announced on April 1. Keep a look out for more information about this eggs-traordinary event which will be a hoppin' good time.

Contact: John Gleason

PATRIOTS DAY KIDS RUNNING CHALLENGE

SOCIAL MEDIA

FREE

Monday, April 15

In the comment section, post a picture or video of your walk or run today. Every family that posts a picture or video will be entered into a drawing to win a Patriots Day Kids Race shirt. We will select up to 10 families as winners at 6pm. Good luck! **Contact: Jack Kapanke**

FAMILY DANCE "RHYME WITH YOUR PARTNER"

HYCC

Friday, June 7

6:00-8:00 PM

\$20/pair \$5 additional person

Come listen to music, play games and get your picture taken with friends and family. **Contact: Jackie Keaney**

BIKE RODEO

HYCC

FREE

Saturday, June 22

11:00 AM-1:00 PM

Come practice safe riding, bicycle safety, and have some fun with events like slowest bike race, and rider's obstacle course in the parking lot at the Hyannis Youth & Community Center. **Contact: Jack Kapanke & Jackie Keaney**